



Penrith and Eden District Freegle

www.ilovefreegle.org

For immediate release

30 January 2022

February free for all at Newbiggin Freegle Give & Take

If you need a winter pick-me-up, come and grab a Fifth of February freebie at the Freegle Give & Take at Newbiggin Village Hall - on the other side of the A66 from Stainton. Free entry and everything is free!

“Getting something for nothing while also doing your bit for the planet is a great feeling”, says Chris Cant from Penrith and Eden Freegle. “Many people have perfectly good items that they don’t want to throw away. It’s lovely to hand things on to someone who will put them to good use.” Make a date: 10am to 12 noon on Saturday 5th February.

Chris continues, “Please bring along any small unwanted items, eg clothes, CD player or DIY tools. Have a look round to see if there’s anything useful. Can you find anything to upcycle?”

The Give & Take event aims to keep useful goods from going to waste, as well as reducing the amount of new goods that people need to buy. It’s all part of efforts to reduce Cumbria’s carbon footprint. It’s run in partnership with Penrith Action for Community Transition and supported by the National Lottery Community Fund, as part of the Zero Carbon Cumbria Partnership’s ambitious emission reduction programme to make Cumbria carbon neutral by 2037.

“The goods we buy make up a big chunk of the average person’s carbon footprint, because of the emissions caused by making and transporting the products to us,” Chris said. “Finding a new home for things you don’t need, looking for goods second hand instead of buying new ones, re-using and repairing things are all great ways to play your part in tackling climate change.”

“Weather permitting, we’ll have some of the goods on tables outside in the large car park.” Chris said. “We’re asking everyone who can to wear face coverings indoors. We’ll also be taking contact details so that we can reach people afterwards if we’re informed about any Covid presence at the event.”

“Small goods from the house, garden, garage or shed are all welcome but we just ask that they are no bigger than a microwave oven, as our volunteers can’t transport large items that don’t find a new home at the event,” Chris said.

For anyone who has useful things to give away but can't make it along to Newbiggin, the Freegle app and website make it easy to rehome goods at any time. Chris, who developed the national Freegle app, said:

“You can post a message online asking for things you need or offering goods you don't want any more. Just download the app from your usual app store or go to ilovefreegle.org.”

Find out more information at www.penrithedenfreegle.org.uk. A further event on 12th March is a free seed and gardening tool swap at Penrith Repair Café on its regular second Saturday of the month slot at the Old Fire Station in Penrith.

ENDS

PHOTO: Hi-Res link:

https://www.penrithedenfreegle.org.uk/sites/default/files/inline-images/IMG_20180901_104404-OK-TO-USE.jpg

Caption: Freegle Give and Take at Newbiggin in 2018



NOTES TO EDITORS

1. For media enquiries, please contact Chris Cant on 01931 713240 or penrithfreeglemods@gmail.com. Or Jaki Bell on 01768 88266 or email jakiding@gmail.com.
2. Any items left over may be Freegled or given to a charity shop to sell.
3. Freegle is a free website at www.ilovefreegle.org where people can list items they no longer want or ask for things they need.
4. Once a member of Freegle, you can send a message to your local Freegle community offering an item for free, saying what it is and where you are. You can also ask for items that you want.
5. Freegle's objective is to enable people to 'do their bit' – stopping reusable items going to waste by giving away things they don't want to people who can use them. It is truly grassroots and co-operatively run by and for local people.
6. Reusing items through Freegle cuts down on waste, as well as recycling collection and disposal costs for the district and county council.
7. The Penrith and Eden District Freegle group saves up to six tonnes from landfill each month.

8. It was established in January 2007.

9. For further information about the group please contact Chris Cant 01931 713240 or Elaine Bones 016974 75398.

About The National Lottery Community Fund

We are the largest community funder in the UK – we're proud to award money raised by National Lottery players to communities across England, Scotland, Wales and Northern Ireland. Since June 2004, we have made over 200,000 grants and awarded over £9 billion to projects that have benefited millions of people.

We are passionate about funding great ideas that matter to communities and make a difference to people's lives. At the heart of everything we do is the belief that when people are in the lead, communities thrive. Thanks to the support of National Lottery players, our funding is open to everyone. We're privileged to be able to work with the smallest of local groups right up to UK-wide charities, enabling people and communities to bring their ambitions to life.

The Zero Carbon Cumbria Partnership brings together over 70 organisations in the public, private, and third sectors and is jointly chaired by Cumbria Action for Sustainability (CAfS) and Cumbria County Council.

To achieve its goal, the partnership will be delivering a range of projects and activities, many of which have been inspired and developed by local communities. A number of these community-led projects and activities, including those by PACT and Freegle, have been made possible by a £2.5 million grant from the National Lottery Community Fund.